

# ETANA

*Filipino martial arts*

# FREESTYLE

# COMBAT



*Don't mistake kindness for weakness*

# FMA KIDS

## PAID PER TERM

Starter Pack	\$99.00
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Casual Pass	\$30.00
1 Session Per Week	\$25.00
2 Sessions Per Week	\$33.00
Unlimited Sessions Per Week	\$38.00

# FMA ADULTS

## PAID WEEKLY DD

Starter Pack	\$130.00
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Casual Pass	\$30.00
1 Session Per Week	\$25.00
2 Sessions Per Week	\$33.00
Unlimited Sessions Per Week	\$38.00

# PRIVATE PRICING

Per Hour	\$90.00
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\*Weekly Fees Cover - Insurance & affiliation fees (MAA).

\*Term Belt Grading is \$50.00 per participant

### **Starter Pack Includes:**

Children: Training T-shirt and pants, set padded sticks

Adult: Training T-shirt and pants, set of Kali sticks

# FAMILY DISCOUNT

Second person (of lesser price) receives a 10% discount on weekly membership  
Third person onward (of lesser price) receives a 15% discount on weekly membership

\*Please note this does not include starter gear pack or grading fees.

# TIMETABLE



**SCAN THE QR CODE TO SEE OUR LIVE TIMETABLE**

Kid's Classes run per Victorian School Term.

Adult Classes run all year round excluding a 3 week Christmas Break.

No classes run on Public Holidays.

## NEW MEMBER PROMOTION

7 Day Trial	FREE
1 Month Unlimited Classes	\$45.00

\*New Members ONLY, 1 time offer.

# TIMETABLE

## Monday

9:30 am	Women's Mixed Martial Arts
10:30 am	Kite Eagles MMA (3-4yrs old)
4:30 pm	Serpent Eagles MMA (5-11yrs)
6:30 pm	Adult - Filipino Martial Arts PAD WORK
7:30 pm	Adult - Filipino Martial Arts PAD WORK

## Tuesday

9:30 am	Women's Muay Thai
10:30 am	Kite Eagles MMA (3-4yrs old)
4:30 pm	Serpent Eagles MMA (5-11yrs)
6:30 pm	Adult - Filipino Martial Arts WEAPONS
7:30 pm	Muay Thai & Boxing

## Thursday

4:30 pm	Serpent Eagles MMA (5-11yrs)
6:30 pm	Adult - Filipino Martial Arts PAD WORK
7:30 pm	Adult - Filipino Martial Arts PAD WORK

## Friday

9:30 am	Women's Mixed Martial Arts
10:30 am	Kite Eagles MMA (3-4yrs old)

## Saturday

9:00 am	Serpent Eagles MMA (5-11yrs)
10:15 am	Adult - Filipino Martial Arts PAD WORK

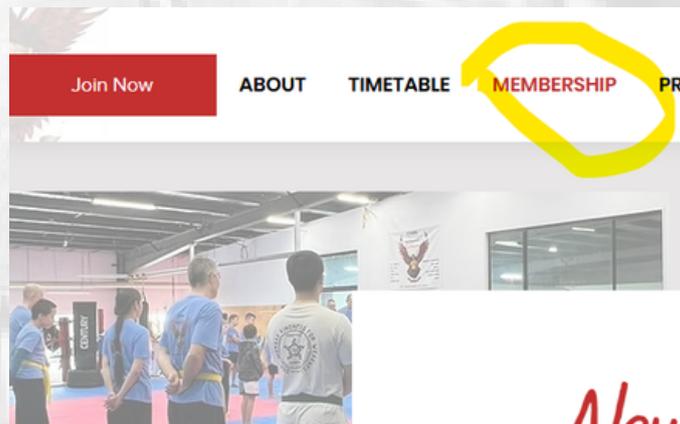
# STEP BY STEP GUIDE TO SIGNING UP

This guide provides a step-by-step process for new and existing members to sign up for a pricing plan at Etana Filipino Martial Arts ([etana.com.au](http://etana.com.au)).

## **Step 1:** Navigate to the Membership Page

Go to the official website at [www.etana.com.au](http://www.etana.com.au). From the top navigation menu, hover over or click on "MEMBERSHIP".

Visual Reference: Look for the "Membership" tab in the header. On mobile, this will be inside the "hamburger" (three lines) menu icon.



## **Step 2:** Choose Your Category

The membership page is divided into three main sections.

Scroll down to find the one that applies to you:

**New Member Promotions:** Ideal for beginners (includes the 7-day Free Trial or the \$45 Unlimited Month).

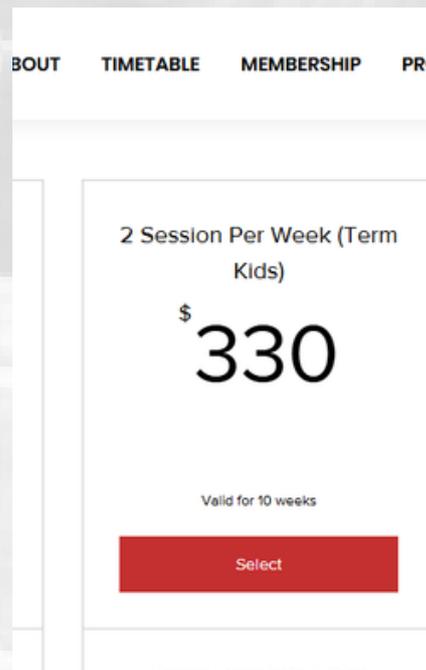
**Kids Pricing:** Paid per Victorian school term.

**Adult Pricing:** Paid weekly via direct debit.

### **Step 3: Select Your Plan**

Once you have identified the right category, click the "Book Now" or "Explore Plans" button associated with that specific offer.

Visual Reference: You will see colorful graphic boxes (labeled 1, 2, etc.) detailing what is included, such as the "Starter Pack" (T-shirt, pants, and sticks).



### **Step 4: Sign In or Create an Account**

After clicking "Book Now," you will be redirected to the booking and checkout interface.

If you are a new member, you will be prompted to create a login using your email or a social media account (Facebook/Google).

If you are a returning member, simply log in to your existing account.

### **Step 5: Review Plan Details & Discounts**

Before reaching the payment page, the system will show the "Plan Summary."

**Family Discounts:** If you are registering a 3rd+ family member, the website calculates eligibility and final discounts automatically at this stage.

**Terms:** Review the "Starter Pack" inclusions and the holiday schedule (noting that kids' classes follow school terms).

### **Step 6: Complete Payment & Direct Debit Setup**

Enter your payment details.

**For Adult Plans:** You will typically be asked to set up a Direct Debit for weekly payments.

**For Kids/Promotions:** You may be asked for a one-off payment via credit card or PayPal.

### **Step 7: Confirmation**

Once submitted, you will receive a "Thanks for Submitting!" message on the screen and a confirmation email.

### **Need Help?**

If you encounter technical issues during the sign-up process:

Phone: Call Shane on 0418 990 206.

Email: Use the contact form at the bottom of the homepage.

Location: Upper-Level Unit 1, 257 Colchester Road, Kilsyth South VIC 3137.

## OUR HEAD TRAINER SHANE HUME

SHANE IS A FAMILY MAN WHO OFFERS OVER 35 YEARS OF MARTIAL ARTS TRAINING.

6TH DEGREE BLACK BELT IN FREESTYLE MARTIAL ARTS

BLACK BELT IN TAEKWONDO

BLACK BELT IN KARATE

BLUE BELT IN JIU JITSU

SHANE HAS ALSO TRAVELED THE WORLD TO LEARN MARTIAL ARTS INCLUDING TRAINING IN BRUNEI, THAILAND, AMERICA, SINGAPORE, HAWAII AND FIJI.



# ETANA FILIPINO MARTIAL ARTS

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